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## Online Conductive Home Tuition Programme

### Equipment List

The beauty of the home tuition programmes is that you need very little equipment. Often items you may have around your household can be utilised to facilitate tasks to increase extension and flexion and aid correct grasp and hand function. We can design and run the sessions without any equipment at all, but the following gives you some ideas of items which will add more variety to the programmes.

#### Wooden / plastic sticks

If you don't have any, you can cut up a broom handle. If making your own, please ensure the sticks are smoothly sanded. They may be painted or stick colourful tape around them to make them more appealing.

Ideally the sticks should be 2.5cm thick and a length of approximately 50cm. (Young students would be able to grasp a stick 1.5cm thickness easier).

You can also purchase similar at

<http://www.thesoccerstore.co.uk/pro-cone-hurdle-set>

Thinner version

[https://www.amazon.co.uk/Tobar-19806-Sparkle-](https://www.amazon.co.uk/Tobar-19806-Sparkle-Baton/dp/B004KW8LPA/ref=sr_1_2?crid=7BM74QXKZDG7&dchild=1&keywords=majorette+baton&qid=1585736047&srefix=mayjore%2Caps%2C157&sr=8-2)

[Baton/dp/B004KW8LPA/ref=sr\\_1\\_2?crid=7BM74QXKZDG7&dchild=1&keywords=majorette+baton&qid=1585736047&srefix=mayjore%2Caps%2C157&sr=8-2](https://www.amazon.co.uk/Tobar-19806-Sparkle-Baton/dp/B004KW8LPA/ref=sr_1_2?crid=7BM74QXKZDG7&dchild=1&keywords=majorette+baton&qid=1585736047&srefix=mayjore%2Caps%2C157&sr=8-2)

#### Short sticks (2)

Musical claves are ideal but you can also cut a length of pole.

1.5cm thick and approximately 20cm in length.

You can also purchase similar at

[https://www.amazon.co.uk/Drumstick-Instruments-Percussion-Children-](https://www.amazon.co.uk/Drumstick-Instruments-Percussion-Children-Drumsticks/dp/B0814Y3VHX/ref=sr_1_28?dchild=1&keywords=wooden+claves&qid=1585653840&sr=8-28)

[Drumsticks/dp/B0814Y3VHX/ref=sr\\_1\\_28?dchild=1&keywords=wooden+claves&qid=1585653840&sr=8-28](https://www.amazon.co.uk/Drumstick-Instruments-Percussion-Children-Drumsticks/dp/B0814Y3VHX/ref=sr_1_28?dchild=1&keywords=wooden+claves&qid=1585653840&sr=8-28)

## Ring/coit

[https://www.amazon.co.uk/Rcool-Plastic-Quoits-Outdoor-Educational/dp/B06XKR3XYR/ref=sr\\_1\\_18?dchild=1&keywords=hoopla+rings&qid=1585654226&sr=8-18](https://www.amazon.co.uk/Rcool-Plastic-Quoits-Outdoor-Educational/dp/B06XKR3XYR/ref=sr_1_18?dchild=1&keywords=hoopla+rings&qid=1585654226&sr=8-18)

## Balls

Football

Tennis balls x 2

Spikey balls

[https://www.amazon.co.uk/66fit-Spikey-10cm-Hard-Massage/dp/B001G9KOCs/ref=sr\\_1\\_6?dchild=1&keywords=spikey+balls+sports&qid=1585654802&sr=8-6](https://www.amazon.co.uk/66fit-Spikey-10cm-Hard-Massage/dp/B001G9KOCs/ref=sr_1_6?dchild=1&keywords=spikey+balls+sports&qid=1585654802&sr=8-6)

## Beanbags

[https://www.amazon.co.uk/Soft-Filled-Games-Different-Colours/dp/B00BM8EI9I/ref=sr\\_1\\_7?dchild=1&keywords=beanbags+sports&qid=1585654409&sr=8-7](https://www.amazon.co.uk/Soft-Filled-Games-Different-Colours/dp/B00BM8EI9I/ref=sr_1_7?dchild=1&keywords=beanbags+sports&qid=1585654409&sr=8-7)

## Pegs

Household pegs would be fine to us, you can also purchase thicker grip pegs

[https://www.amazon.co.uk/s?k=thicker+grip+pegs&ref=nb\\_sb\\_noss](https://www.amazon.co.uk/s?k=thicker+grip+pegs&ref=nb_sb_noss)

*You can also easily purchase equipment at minimal cost which can be used for the sessions, especially for younger students who may need more external motivation. Useful items include:*

## Feathers

[https://www.amazon.co.uk/Assorted-Coloured-Feathers-Collage-Millinery/dp/B0114KJL22/ref=sr\\_1\\_5?dchild=1&keywords=craft+feathers&qid=1585655082&sr=8-5](https://www.amazon.co.uk/Assorted-Coloured-Feathers-Collage-Millinery/dp/B0114KJL22/ref=sr_1_5?dchild=1&keywords=craft+feathers&qid=1585655082&sr=8-5)

## Bubbles

[https://www.amazon.co.uk/Childrens-Party-Fillers-Wedding-Favours/dp/B08465SW8Z/ref=sr\\_1\\_35?dchild=1&keywords=childrens+bubbles&qid=1585735302&sr=8-35](https://www.amazon.co.uk/Childrens-Party-Fillers-Wedding-Favours/dp/B08465SW8Z/ref=sr_1_35?dchild=1&keywords=childrens+bubbles&qid=1585735302&sr=8-35)

## Finger monsters!

[https://www.amazon.co.uk/Party2u-Monster-Finger-Puppets/dp/B004TAPLWO/ref=sr\\_1\\_2?dchild=1&keywords=cute+finger+monsters&qid=1585655002&sr=8-2](https://www.amazon.co.uk/Party2u-Monster-Finger-Puppets/dp/B004TAPLWO/ref=sr_1_2?dchild=1&keywords=cute+finger+monsters&qid=1585655002&sr=8-2)

## **Finger rings**

[https://www.amazon.co.uk/Adjustable-Flower-Little-Finger-Pretend/dp/B07S3KP4QY/ref=sr\\_1\\_17?dchild=1&keywords=finger+rings+children&qid=1585655144&sr=8-17](https://www.amazon.co.uk/Adjustable-Flower-Little-Finger-Pretend/dp/B07S3KP4QY/ref=sr_1_17?dchild=1&keywords=finger+rings+children&qid=1585655144&sr=8-17)

## **Light up finger tips**

[https://www.amazon.co.uk/Flashing-Flashlight-Supplies-Flashlights-Celebrations/dp/B06XW7DCWN/ref=sr\\_1\\_15?dchild=1&keywords=light+up+finger+tips&qid=1585655251&sr=8-15](https://www.amazon.co.uk/Flashing-Flashlight-Supplies-Flashlights-Celebrations/dp/B06XW7DCWN/ref=sr_1_15?dchild=1&keywords=light+up+finger+tips&qid=1585655251&sr=8-15)